

ARABIAN STEW

1 lb. Pork, cut up as for stew or about 4 pork chops

6 tablespoons raw white rice

6 tablespoons raw brown rice (or 12 T white rice.)

2 large onions, cut up

2 green peppers, cut up

(The green pepper is optional but don't omit the onion. You need it for flavor. You could mince a small onion finely instead of the above.)

2 cups hot water

1 - 8 oz. Can tomato sauce

Salt and pepper to taste

Brown meat in a little butter. Place other ingredients on meat and season.

Add hot water. Cover and bake 1-1/2 hours at 350 degrees.