

MUFFINS - GRANOLA

2 c whole wheat flour

2 c Raspberry 'n Cream Granola

1-1/2 t baking powder

1 t baking soda

1/2 t salt

1/3 c chopped nuts

2 ripe bananas

1 egg

2/3 c honey

1 t vanilla

1/2 c water

1/3 c oil

Stir together dry ingredients and set aside. Puree wet ingredients in a blender or a food processor. Stir dry ingredients into wet ingredients and mix just until moistened. Spoon batter evenly into 24 prepared muffin cups. Bake at 375 for 20 min. or until lightly golden.