

Muffins - OATMEAL APPLE RAISIN MUFFINS

1 egg

3/4 c milk

1 c raisins

1 chopped apple

1/2 c oil

1 c flour

1 c oats

1/3 c sugar

3 t baking powder

1 gt salt

1 t nutmeg

2 t cinnamon

Beat egg; stir in remaining ingredients, mixing just to moisten. Pour into 12 greased muffin cups - 1/2 full. Bake at 400 degrees for 15 to 10 minutes.