

REGO'S TOMATO SAUCE (for Italian cooking)

3 handfull salt

6 gal Puree

6 gal water

1 2 lb fat back

8 carrots

2 large onions

16 cloves of Garlic

2 T Basil

3 T Oregano

1 T Red Pepper seeds

1 T Garlic salt

Cook 2 hours

3 large spoons Pasto

1 C sugar

Cook 1/2 hour longer

Strain all sauce

Makes 22 quarts tomato sauce