

BUNS - WHOLE WHEAT

1/4 t Vit C (or 2 T dough enhancer))
6 T yeast)
3-1/2 C water (warm)) Stir - Let proof 15 min.
1 c oil)
1/2 c honey)

Add: 3 eggs)
1 T salt) Knead 5 min. Cut hamburger buns
9 C flour) with tuna can. Roll dough to 1/2 “.