

SOUP QUICK VEGETABLE

Lorraine Rolston GOOD

- 1/2 lb. ground beef
- 1 lb. can stewed tomatoes (2 cups)
- 1 - 8 oz. can (1 cup) tomato sauce
- 2 C water
- 1 - 10 oz. pkg. frozen mixed vegetables
- 1/2 env. (1/4 C) dry onion soup mix
- 1 t sugar

Brown beef - drain. Stir in rest of ingredients.

Boil. Simmer for 20 mins. Serves 6-8.